

PRG/WKS/22/25/ 174172

20 November, 2025

Subject: Workshop on Change Management: A System for Restoring Work-life Balance through Flexible Working Arrangements and Boosting Care Economy held on 05 December, 2025 at the Institute's Campus, NOIDA.

Dear Sir/Madam,

We are pleased to inform you that the V. V. Giri National Labour Institute would be organising a **Workshop on Change Management: A System for Restoring Work-life Balance through Flexible Working Arrangements and Boosting Care Economy held on 05 December, 2025.**

To bring about a positive change in the management system of the organizations by introducing flexible working hours to provide a boon for the growing economy as it will ensure better outcome of work, better emotional health of both employee and employer as well as improvement in care economy.

There is no programme fee. The Institute will provide free of charge lodging facility to the participants during the training period. Details w.r.t Travel Reimbursement is given in the attached brochure.

You are requested to nominate 4-5 participants from your organisation and the nomination of women participants will be highly appreciated. It is requested to send nomination forms duly filled in by the nominee's along with recommendation letter. Nominations without recommendation letter will not be considered.

With regards,

Yours sincerely,



(Nagesh Nitla)
Programme Officer

To

- Director/H.O.D.
- Research Institute/University
- Government Organisations



V.V. GIRI NATIONAL LABOUR INSTITUTE

Sector – 24, Gautam Buddha Nagar, Noida, Uttar Pradesh-201301

Workshop on Change Management: A System for Restoring Work-life Balance through Flexible Working Arrangements and Boosting Care Economy

Venue

Seminar Building, V.V. Giri National Labour Institute, Sector – 24,
Gautam Budh Nagar, Noida, Uttar Pradesh-201301

Programme Dates

- **Dates/ Timings:** 05 December, 2025 / 10:00 am to 05:00 pm

COURSE DIRECTOR

Dr. Shashi Bala
Senior Fellow

balashashi.vvgnli@gov.in

CORRESPONDENCE

Mr. Nagesh Nitla
Programme Officer
Phone: 0120- 2411533-35
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AIM

To bring about a positive change in the management system of the organizations by introducing flexible working hours to provide a boon for the growing economy as it will ensure better outcome of work, better emotional health of both employee and employer as well as improvement in care economy.

OBJECTIVES

1. To understand and discuss the viewpoint of employers on innovative strategies for framing policies pertaining to flexible working arrangements.
2. To understand the DoPT guidelines for framing advisory or regulation pertaining to flexible working arrangements.
3. To provide awareness on international laws pertaining to FWA and their impact on female labour force participation.
4. To discuss the inter-linkages between flexible working arrangements and work life balance among the employees for happy life satisfaction index.
5. To discuss implementation of strategies framed for work-life balance.

METHODOLOGY

Lectures, Group Work, Audio Visual Presentations, Simulation games, Role playing etc

PARTICIPATION

Teachers, Principals/Lecturers, from Inter/ Degree colleges and Universities

ELIGIBILITY

1. Participants should be above **21 years and below 60 years of age**;
2. Should have working knowledge of either Hindi or English.

FEES & TRAVELLING REIMBURSEMENT

There is no programme fee.

1. The institute will reimburse travel expenses by bank transfer; for participants who have an Aadhaar number and a bank account. It's important for nominees to bring their bank details (bank name, branch, IFSC code, and account number) to fill up the TA form. Participants must attach the original ticket for the inward and outward journey. Without proper tickets, no claims will be approved.
2. The institute will reimburse Local conveyance at the maximum of ₹350 for (Delhi & NCR) and ₹500 (for other states).
3. **Officials entitled for higher class may claim their Travelling Allowance from their own organisation.**
4. **For extended stay or early arrival, lodging & boarding charges would be borne by the participants.**

COMMUNICATIONS

All Correspondence should be addressed to:

Programme Officer
V.V.Giri National Labour Institute
Sector – 24, NOIDA, Distt. Gautam Budh Nagar
Uttar Pradesh – 201 301
Telephone: 0120-2411533-535

E.mail : vvgnlitraining@gmail.com

For details of our other programmes visit our website: www.vvgnli.org

V.V. GIRI NATIONAL LABOUR INSTITUTE, NOIDA

Workshop on Change Management: A System for Restoring Work-life Balance through Flexible Working Arrangements and Boosting Care Economy

05 December, 2025

Course Director: Dr. Shashi Bala, Senior Fellow

NOMINATION FORM

GENERAL INFORMATION

1. Nominee's Full Name Mr./Ms. : _____
(In Block Letters)
2. Age and date of birth : _____
3. Educational Qualification : _____
4. Whether
SC/ ST/OBC/General : _____
5. Current Position:
 - a) Researchers : _____
 - b) Academic : _____
 - c) Government Employee : _____
 - d) Others : _____
6. Address for Correspondence:
(In block Letters) : _____
: _____
Mobile No. : _____ - _____
E-mail : _____
7. Have you attended any
Programme at VVGNLI Yes () No ()
If yes, give details. : _____

BANK DETAILS OF PARTICIPANT

- (a) Aadhaar Number : _____ (Attach Copy)
- (b) Name of Bank : _____ (Attach Copy)
- (c) Bank Branch name : _____
- (d) Account No : _____
- (e) IFSC Code : _____

Date:

Email / Post to:

Programme Officer

V.V.Giri National Labour Institute

Sector-24, Noida Distt. Gautam Buddha Nagar, Uttar Pradesh – 201301

Telephone : 0120- 2411471, 2411533,535 Email: vvgnlitraining@gmail.com

(Signature & Name of the Participant)